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Written dialogue processing

My training with David Schnarch has led me to initiate with some clients the dialogue process. This is a brain-changing tool in Crucible Neurobiological Therapy as described in David's new book "Brain Talk". If you are asked to do this by me, it will involve a one or two-page dialogue with an antagonist in your life. You will send that document to me either by e-mail or mail a thumb drive or hard copy. I will then make line by line comments to help guide you in this brain changing process. Since this will take my time outside of our sessions, you will be charged my normal hourly rate. Usually a page and a half to two pages takes me about an hour. Please be aware that it is possible for people to hack into a computer or steal mail and this makes this process not confidential if someone chooses to do this. If this is a concern, then you can give it to me at our session and I will return it to you at your next session. Please let me know and take precautions on your end if you are sending it to me.

Client Signature & date

Therapist Signature & date